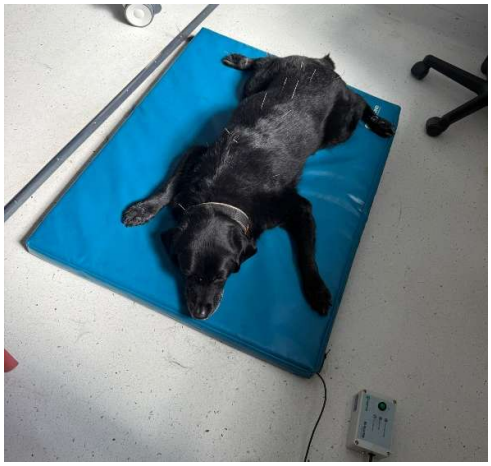
PEMF Therapy for Cats & Dogs

Pulsed Electromagnetic Field Therapy

What is PEMF Therapy & What Does it Do?

PEMF therapy uses **gently pulsed electromagnetic vibrations** to reduce pain and inflammation and stimulate cellular repair in the body. It is **non-invasive, drug-free, and painless**, and many pets find sessions relaxing. It is a beneficial adjunct treatment offered at RehabHQ.

Your pet simply **lies on our PEMF mat** while low-frequency electromagnetic pulses pass through the body.



PEMF therapy works to:

- Improve **blood flow and oxygen delivery**
- Stimulate **natural anti-inflammatory processes**
- Support **muscle relaxation and cellular energy production**
- Assist the body's **repair and recovery mechanisms**

What Does a Session Look Like?

- PEMF therapy is offered as part of our RehabHQ treatment bundle
- Your pet lies comfortably on the PEMF mat
- This may be the sole treatment or can be used during laser, acupuncture or physio treatments offered by RehabHQ
- Many pets relax, stretch out, or even fall asleep
- Initial RehabHQ sessions are 1 hr will follow up sessions of 45 minutes.
- Each session will be tailored with rehab components based on your pets current needs.

When We Recommend PEMF

Pain & Mobility

- Joint stiffness
- Hip or elbow dysplasia
- Degenerative joint disease
- Muscle soreness or tension

Neurological & Nerve Support

- Back or neck pain
- Intervertebral disc disease (IVDD)
- Nerve inflammation

Healing & Recovery

- Soft tissue injuries
- Tendon or ligament strain
- Wound healing support
- Recovery after illness or surgery

General Wellness

- Senior pets with reduced mobility
- Performance or working dogs
- Stress and relaxation support

Frequency & Treatment Plans

Treatment plans are tailored specifically to each pet and their needs.

- **Acute issues (injury, flare-ups):**
  1 session daily or every other day initially
- **Chronic conditions (arthritis, long-term pain):**
  1–3 sessions per week
- **Wellness & maintenance:**
  Weekly - monthly sessions

Questions?

If you'd like to know whether PEMF therapy is suitable for your pet, or how it may fit into their current treatment plan, please speak with our team.

Author: Dr Maddie Plant